

THE GROVE SPA

& BOUTIQUE

AlphaRet SkinBetter® Peel Pre-Treatment

Please review and follow our pre-treatment care plan. Failure to do so could result in cancellation of your treatment and forfeiture of your deposit. This service can not be performed on anyone who is pregnant or nursing.

1 - 2 Weeks Before:

- Refrain from using self-tanners.
- If you have had recent sun exposure, be sure all redness or sunburns have completely healed.
- Do not wax or have a skin treatment like microneedling or IPL.
- If you have a history of cold sores, please be sure to pre-treat with an anti-viral.

48 Hours Before:

- Avoid clay masks, scrubs, or additional exfoliators that contain alpha hydroxy acids (AHAs), such as glycolic and lactic acid, and beta hydroxy acids (BHAs), such as salicylic acid.
- Do not use AlphaRet products, Retin-A, or any other vitamin A product, including products that contain a retinoid or retinol.
- Avoid facial hair shaving 8 hours before each peel treatment.

Please talk to your provider if you have had any recent procedures to confirm suitability of treatment.

Contraindications:

- Lupus and other autoimmune disease
- Seborrheic dermatitis
- Cutaneous and/or herpetic eruptions
- Neuromodulators within 24 hours of treatment
- Facial fillers within 2 weeks of treatment

Have a question? Call us at 816-834-9100 or email us at clientservices@thegrovespa.com

