

## THE GROVE SPA

& BOUTIQUE

## GLO2FACIAL® 3-IN-1 FACIAL Pre-Treatment

Are you getting your skin ready for a big event? If you've never had a Glo2Facial® before and don't know how your skin will respond, we recommend scheduling an appointment about six weeks in advance.

#### 1 Week Before:

- Skip any strong at-home facial treatments the week before your appointment.
- Avoid sun exposure.
- You must wait 7 days after receiving any neurotoxin, filler injections, wax or laser treatments on your face.
- Avoid any skincare products or treatments that contain chemical exfoliants or retinols.

### On the day of your treatment:

- Keep skin clean, moisturized & sun protected.
- Use a mild cleanser before bedtime.

#### **Contraindications:**

- History of skin cancer
- Steroids
- Lupus and other autoimmune diseases
- Taking antihistamines regularly
- Seborrheic dermatitis
- Allergy to kojic acid
- Pregnancy & breastfeeding
- Cutaneous and/or herpetic eruptions
- Any active skin conditions within the applied area, such as sores, eczema, rash, fragile, swollen, burnt or injured skin, active acne, rosacea, dermatitis, psoriasis, or active Herpes Simplex.

Keep reading for more Pre-Care Instructions.



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# GLO2FACIAL® 3-IN-1 FACIAL Pre-Treatment Continued

#### **Contraindications:**

- Vascular disorders such as telangiectasia, varicose veins, thrombosis, and phlebitis in the applied area.
- Severe concurrent diseases such as uncontrolled diabetes, nervous diseases, epilepsy, lupus, cardiac disorder, and cancer.
- If any aesthetic procedure has been performed recently in the treated area such as mesotherapy, peeling, resurfacing, or recent use of products such as Accutane or Retin A.
- Known allergies to cosmetics or other products, or experienced severe allergic reactions like hives.
- Impaired immune system due to immunosuppressive diseases such as AIDS and HIV or use of immunosuppressive medications.
- History of skin disorders such as keloid scarring, abnormal wound healing, as well as very dry and fragile skin.
- Any surgical, invasive, ablative procedure in the treatment area before complete healing.

#### **Ultrasound contraindications:**

- Pacemaker or internal defibrillator, implanted neurostimulators or any other internal electric system.
- Metal implants in the treatment area.
- History of bleeding coagulopathies or use of anticoagulants.