

THE GROVE SPA

& BOUTIQUE

Laser Hair Removal Pre-Treatment

Please review and follow our pre-treatment care plan. Failure to do so could result in cancellation of your treatment and forfeiture of your deposit. This service can not be performed on anyone who is pregnant or nursing.

2 Weeks Before:

- History of Herpes Simplex Virus (HSV) 1 & 2: Must pre-treat with an anti-viral.
- Avoid sun exposure, tanning, and tanning beds.
- RECENTLY TANNED SKIN CANNOT BE TREATED! If treated within 2 weeks of active (natural sunlight or tanning booth) tanning, you may develop hypopigmentation (white spots) after treatment and this may not clear for 2-3 months or more.

24-48 Hours Before:

- Shave area to be treated within 24-48 hours of treatment. DO NOT leave any stubble on skin.

Day of Appointment:

- Limit caffeine and aspirin intake, and avoid NSAIDs.
- Skin must be clean and dry; no lotions, perfumes, make-up, deodorant, self-tanners, etc.
- Wear loose, comfortable clothing to your appointment (You might consider wearing a pair of shorts so that your legs are exposed).

Keep reading for more Pre-Care Instructions.



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Laser Hair Removal Pre-Treatment Continued

Contraindications:

- Accutane within the last six months.
- Tattoos in the area of treatment.
- Photosensitivity or light-triggered seizures
- Photosensitizing medications
- Active skin infections
- Cold sensitivity/Raynaud Phenomenon
- Keloid scarring
- Implanted medical devices such as pacemakers, cardioverters

Clients taking daily anticoagulation therapy, iron supplements, and herbal supplements such as ginkgo, ginseng, or garlic may experience bruising in the treatment area.



Have a question? Call us at 816-834-9100 or email us at clientservices@thegrovespa.com