

# THE GROVE SPA

---

& BOUTIQUE

## Lip Filler Pre-Treatment

Please review and follow our pre-treatment care plan. Failure to do so could result in cancellation of your treatment and forfeiture of your deposit. This service can not be performed on anyone who is pregnant or nursing.

### 2 Weeks Before:

- Schedule your appointment at least 2 weeks prior to a special event. Redness, swelling and bruising may be apparent in that time period.
- Avoid any dental procedures 2 weeks prior to any filler procedures.

### 1 Week Before:

- It is recommended to discontinue the use of Aspirin, NSAIDs, ginkgo biloba, garlic, ginseng, St. John's Wort, flax oil, cod liver oil, vitamin A, vitamin E or any other essential fatty acids at least three days to 1 week before and after treatment to minimize bruising or bleeding. Please consult with your primary physician before discontinuing any medications.

### 48 Hours Before:

- Avoid alcohol, caffeine, niacin supplements, high-sodium foods, high-sugar foods, refined carbohydrates, spicy foods, and cigarettes 24-48 hours before and after your treatment. All of these factors may increase the risk of bruising and swelling. Starting Arnica supplements at least 2 days before injections may help with bruising.
- Let the provider know if you have a history of cold sores. An antiviral may be prescribed.
- You may not have an active rash in the area being treated.

Keep reading for more Pre-Care Instructions.



# THE GROVE SPA

---

& BOUTIQUE

## Lip Filler Pre-Treatment Continued

### Contraindications:

- Patients with known hypersensitivity to lidocaine or amide local anesthetic agents, hyaluronic acid, or a history of severe allergy or anaphylactic shock.
- Cutaneous disorders, inflammation, or an infection at or near the treatment site.
- In combination with chemical peels or laser treatments.
- Patients with autoimmune diseases.



Have a question? Call us at 816-834-9100 or email us at [clientservices@thegrovespa.com](mailto:clientservices@thegrovespa.com)