

THE GROVE SPA

& BOUTIQUE

Lash Lift Pre-Treatment

Please review and follow our pre-treatment care plan. Failure to do so could result in cancellation of your treatment and forfeiture of your deposit.

Before Your Appointment:

- Do not wear mascara to your appointment.
- If your lashes are short, we recommend using a lash growth serum for 4-6 weeks prior.

Contraindications:

- If you're pregnant and in the first trimester, we won't be able to perform the treatment as it has not been clinically approved for women who are pregnant within this period.
- Cysts on the upper or lower eyelid.
- Recent laser eye surgery in the previous six weeks.
- Claustrophobia - You will be required to close your eyes for around 45 minutes.
- Contact lenses must be removed for treatment.

Have a question? Call us at 816-834-9100 or email us at clientservices@thegrovespa.com





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Lash Tint Pre-Treatment

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Before Your Appointment:

- Do not wear mascara to your appointment.
- If your lashes are short, we recommend using a lash growth serum for 4-6 weeks prior.

Contraindications:

- Cysts or styes on the upper or lower eyelid
- Recent laser eye surgery in the previous six weeks
- Claustrophobia - You will be required to close your eyes for around 45 minutes.
- Hypersensitive skin
- Contact lenses must be removed for treatment

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Brow Wax + Tint Pre-Treatment

Waxing removes hair by the follicle. It removes the entire hair, which means that preparing your skin is essential to avoid waxing bumps and irritated skin. In our experience, a less-than-perfect waxing result is often the end stage of bad prep.

2 - 6 Weeks Before:

- Allowing brows to grow out will help your esthetician achieve the best shape for your brows. Attempt to grow out your brow hair to 1/8 to 1/4 inch (length of a grain of rice), this could take 2-6 weeks depending on how fast your hair grows.
- You must wait 2 weeks before waxing if you've had any chemical peels or exfoliation treatments.

2 - 3 Days Before:

- Use of sunbeds 48 hours before waxing.
- 72 hours before your wax, stop any usage of Retin-A, retinol, OTC retinol, alpha hydroxy acids (i.e. glycolic, lactic, mandelic), beta hydroxy acids (i.e. salicylic), Renova, Differin, or any other acne medications. Antibiotics can make your skin sensitive as well. Accutane users must be off the medicine for at least 6 months before receiving waxing treatments.

Day of Appointment:

- Inform your esthetician if you're taking or using topical medications that could make your skin more sensitive to waxing.
- Do not wax for the first time right before a special event. It's good to try waxing for the first time at least 2 weeks before a special event so you know what to expect. (Skin can sometimes react badly to waxing, especially the first time and you could experience irritation or post-wax pimples).

Contraindications:

- If you are taking acne medication, specifically Accutane
- Sunburnt skin
- Use of sunbeds 48 hours prior to waxing

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Brow Lamination and Lash Lift Pre-Treatment

Please review and follow our pre-treatment care plan. Failure to do so could result in cancellation of your treatment and forfeiture of your deposit.

Before Your Appointment:

- Do not exfoliate for at least 48 hours before your appointment.
- Avoid tweezing or shaving the brows before or after your appointment, if you have recently done so, wait 2-4 weeks before booking a wax.
- Refrain from the use of retinol, aha/bhas, glycolic or salicylic acid, or any other form of topical chemical exfoliants for at least 2 weeks before your waxing appointment.
- Do not trim or pre-shape your eyebrows before your appointment, the fuller they are the better your wax will turn out.
- Do not book a waxing service for at least 10 days after a facial including any form of exfoliation.
- Bring picture examples of your desired brows if you want!
- Do not wear mascara to your appointment.
- If your lashes are short, we recommend using a lash growth serum for 4-6 weeks prior.

Contraindications:

- Cysts on the upper or lower eyelid
- Recent laser eye surgery in the previous six weeks
- Claustrophobia - You will be required to close your eyes for an extended period of time
- Contact lenses must be removed for treatment

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Brow Lamination and Tint Pre-Treatment

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- Avoid tweezing or shaving the brows before or after your appointment, if you have recently done so, wait 2-4 weeks before booking a wax.
- Refrain from the use of retinols, aha/bhas, glycolic or salicylic acid or any other form of topical chemical exfoliants for at least 2 weeks before your waxing appointment.
- Bring picture examples of your desired brows if you want!

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