

THE GROVE SPA

& BOUTIQUE

Exosomes Microneedling Pre-Treatment

Please review and follow our pre-treatment care plan. Failure to do so could result in cancellation of your treatment and forfeiture of your deposit. This service can not be performed on anyone who is pregnant or nursing.

- Microneedling cannot be done if you are pregnant, nursing, have active acne, cold sores or open lesions.
- If you are on a prescribed anti-coagulant, you will need to consult with your prescribing physician to see what they recommend before moving forward with microneedling.

2 Weeks Before:

- Refrain from using self tanners 2 weeks prior to your treatment.
- If you have had recent sun exposure be sure all redness or sunburns have completely healed before having microneedling.
- Do not wax or have a skin treatment like a chemical peel or IPL 2 weeks prior to your treatment .
- If you have a history of cold sores, please be sure to pre-treat with an anti-viral.

1 Week Before:

- Discontinue retinol and tretinoin 1 week prior to treatment.

3-5 Days Before:

- Before your microneedling treatment, it is advised to stop using exfoliating products, acids and bleaching creams/products.
- To reduce the risk of bleeding, you should discontinue all supplements including fish oils, aspirin and ibuprofen 3-5 days in advance.

Keep reading for more Pre-Care Instructions.



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Exosomes Microneedling Pre-Treatment Continued

Contraindications:

- Keloid scars
- Active eczema
- Psoriasis and other chronic conditions.
- History of actinic or solar keratosis.
- History of diabetes.
- Presence of raised moles in the area to be treated.
- History of skin cancer
- Steroids
- Lupus and other autoimmune disease
- Taking antihistamines regularly
- Seborrheic dermatitis
- Allergy to kojic acid
- Cutaneous and/or herpetic eruptions
- Facial fillers/neurotoxins within 2 weeks of treatment



Have a question? Call us at 816-834-9100 or email us at clientservices@thegrovespa.com