

THE GROVE SPA

& BOUTIQUE

Lash Lift Post-Treatment

Please follow this care plan closely in order to see the best results.

24 - 48 Hours After:

- Do not apply make-up for the first 24 hours after your treatment.
- Avoid swimming/sauna/working out for 24 hours.
- Do not apply Retin-A, AHA or exfoliate around the eye area for 48 hours after treatment.
- No self-tanning products should be used on the face for at least 48 hours after treatment.



Have a question? Call us at 816-834-9100 or email us at clientservices@thegrovespa.com

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Lash Tint Post-Treatment

Please follow this care plan closely in order to see the best results.

24 - 48 Hours After:

- Do not apply make-up for the first 24 hours after your treatment.
- Avoid swimming/sauna/working out for 24 hours.
- Do not apply Retin-A, AHA, or exfoliate around the eye area for 48 hours after treatment.
- No self-tanning products should be used on the face for at least 48 hours after treatment.



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Brow Wax + Tint Post-Treatment

Please follow this care plan closely in order to see the best results.

24 - 48 Hours Before:

- Do not apply make-up for the first 24 hours after your treatment.
- Apply Aloe vera gel to the skin for a cool, soothing effect. Aloe vera will help to rehydrate the skin and reduce the appearance of waxing bumps. Another great soother is tea tree oil, which has antibacterial properties to ensure your skin remains free from infection.
- We recommend that you avoid gyms, saunas, and steam rooms for at least 48 hours after your treatment. Working up a sweat before the hair follicles have closed properly can lead to irritated skin. Similarly, stay away from sunbeds and UV exposure, as the heat can clog the follicles and cause redness and bumps.



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THE GROVE SPA

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Brow Lamination and Lash Lift Post-Treatment

You must keep brows dry for 48 hours and lashes dry for 24 hours with the exception of applying the brow and lash aftercare serum.

Gently apply the serum every night to infuse essential oils and nutrients back into your brow and lash hair. This serum will help your brows and lashes stay hydrated and healthy while also promoting new hair growth.

24-72 Hours After:

- Do not apply make-up for the first 24 hours after your treatment.
- Avoid swimming/sauna/working out for 24-48 hours. Excess moisture can cause a slight curl/frizz to the brow hair.
- No heat, water or steam (including steam over a stove), oils, lotions, face washes or makeup remover for 24 hours.
- Do not allow prolonged exposure to direct sunlight or heat.
- Do not apply Retin-A, AHA or exfoliate around the brow area for 72 hours either side of the treatment.
- No self-tanning products should be used on the face for one week prior and 48 hours after treatment.
- If any stinging or swelling occurs, apply a cold compress to the area and seek medical advice.
- After 48 hours you may resume your normal routine, however we advise using a cleanser with a minimal amount of oil, as it can cause lashes to drop prematurely.
- We also advise sleeping on your back to prevent shape shifting due to long periods of compression.

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THE GROVE SPA

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Brow Lamination and Tint Post-Treatment

You must keep brows dry for 48 hours, with the exception of applying the brow aftercare serum. Gently apply the serum every night to infuse essential oils and nutrients back into your brow hair. This serum will help your brows stay hydrated and healthy while also promoting new hair growth.

24-72 Hours After:

- Do not apply make-up for the first 24 hours after your treatment.
- Avoid swimming/sauna/working out for 24-48 hours. Excess moisture can cause a slight curl/frizz to the brow hair.
- Do not allow prolonged exposure to direct sunlight or heat.
- Do not apply Retin-A, AHA or exfoliate around the brow area for 72 hours either side of the treatment.
- No self-tanning products should be used on the face for one week prior and 48 hours after treatment.
- If any stinging or swelling occurs, apply a cold compress to the area and seek medical advice.



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Lash Lift and Tint Post-Treatment

You must keep lashes dry for 24 hours, with the exception of applying the lash aftercare serum. Gently apply the serum every night to infuse essential oils and nutrients back into your lashes. This serum will help your lashes stay hydrated and healthy while also promoting new lash growth.

24-72 Hours After:

- No heat, water or steam (including steam over a stove), oils, lotions, face washes or makeup remover for 24 hours.
- After 24 hours you may resume your normal routine, however we advise using a cleanser with a minimal amount of oil, as it can cause lashes to drop prematurely.
- We also advise sleeping on your back to prevent shape shifting due to long periods of compression.

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