

THE GROVE SPA

& BOUTIQUE

Chemical Peel Pre-Treatment

Please review and follow our pre-treatment care plan. Failure to do so could result in cancellation of your treatment and forfeiture of your deposit. This service can not be performed on anyone who is pregnant or nursing.

Pre-Treatment: 2 Weeks

- Refrain from using self tanners 2 weeks prior to treatment.
- If you have had recent sun exposure, be sure all redness or sunburns have completely healed before having a chemical peel.
- Do not wax or have a skin treatment like microneedling or IPL 2 weeks prior to your treatment.
- If you have a history of cold sores, please be sure to pre-treat with an anti-viral.

Pre-Treatment: 2-5 Days

- For optimum results, skin may be acclimated to skinbetter science skincare products one to two weeks prior to first peel treatment. Consult with your Healthcare Professional to determine which products are suitable for use.
- Avoid clay masks, scrubs or additional exfoliators that contain alpha hydroxy acids (AHAs) such as glycolic and lactic acid and beta hydroxy acids (BHAs) such as salicylic acid for at least 48 hours prior to each peel treatment.
- Do not use AlphaRet products, Retin-A or any other Vitamin A product, including products that contain a retinoid or retinol for at least 48 hours prior to each peel treatment.
- Do not use self-tanning agents for at least 48 hours prior to each peel treatment.

Keep reading for more Pre-Care Instructions.



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Chemical Peel Pre-Treatment Continued

Pre-Treatment: 2-5 Days

- If you have a history of cold sores, the AlphaRet Professional Peel should not be performed if active cold sores, fever blisters or herpes are present anywhere on your face prior to treatment. If you are prone to or have a history of cold sores or fever blisters, speak to your Healthcare Professional as they may consider treatment with antiviral medications prior to receiving treatment with an AlphaRet Professional Peel.
- The AlphaRet Professional Peel should not be performed on sunburned or windburned skin.
- Do not have facial hair waxed/lasered 48 hours prior to each peel treatment. Avoid facial hair shaving 8 hours before each peel treatment.
- If you have recently undergone any other facial treatment procedures, such as microdermabrasion, microneedling, dermaplaning, laser resurfacing, chemical peels, botulinum toxin, dermal fillers, facial plastic surgery, etc., skin must be completely healed and normalized prior to receiving an AlphaRet Professional Peel.
- Please talk to your provider if you have had any recent procedures to confirm suitability of treatment.



Have a question? Call us at 816-834-9100 or email us at clientservices@thegrovespa.com