

# THE GROVE SPA

& BOUTIQUE

## Vein Therapy Pre-Treatment

Please review and follow our pre-treatment care plan. Failure to do so could result in cancellation of your treatment and forfeiture of your deposit. This service can not be performed on anyone who is pregnant or nursing.

## Sclerotherapy Pre-Treatment

### Day Of:

- Before the procedure, avoid shaving or applying any lotion to your legs. Wear loose, comfortable clothing to your appointment. You might even consider wearing a pair of shorts so that your legs are exposed.

## Laser Vein Therapy Pre-Treatment

### 6 Weeks Before:

- Avoid sun exposure. RECENTLY TANNED SKIN CANNOT BE TREATED! If your skin is tanned, you may develop hypopigmentation (white spots), and this may not clear for 2-3 months or more.

### 2 Weeks Before:

- The use of self-tanning skin care products must be discontinued 2 weeks before treatment. Any residual self-tanner must be removed prior to treatment.

Keep reading for more Pre-Care Instructions.



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## Vein Therapy Pre-Treatment Continued

### Contraindications:

- Accutane: Wait six months after the completion of Accutane therapy.
- Tattooed skin, including decorative, permanent makeup and radiation port tattoos.
- Photosensitivity
- History of light-triggered seizures
- Clients taking daily anticoagulation therapy, iron supplements, herbal supplements such as ginkgo, ginseng or garlic may bruise more readily.
- Photosensitizing medications
- History of cold sores/Herpes Simplex Virus 1 & 2, must pre-treat with an anti-viral medication.
- Active skin infections or open wounds
- Cold sensitivity/Raynaud Phenomenon
- Keloid scarring
- Implanted medical devices, including pacemakers, cardioverters, and other implantable devices.
- Recently tanned skin

Have a question? Call us at 816-834-9100 or email us at [clientservices@thegrovespa.com](mailto:clientservices@thegrovespa.com)